

Strand

FOOD & DRINK

807 N. Mills Ave., Orlando, Florida
 407-920-7744 | @strandorlando
 strandorlando.com

THE STRAND
 IS PROUD
 TO PARTNER
 WITH THE
 FOLLOWING

LAKE MEADOW
 NATURALS

LOCAL ROOTS

WILD OCEAN SEAFOOD

BAREFOOT FARMER

TOMAZIN FARMS

THE FAMILY GARDEN

GREENHOUSE

OLDE HEARTH
 BREAD CO.

FROG SONG ORGANICS

COFFEE ROASTERS
 ALLIANCE

PALMETTO CREEK
 PORK

APPETIZERS

WARM PRETZEL. pimento cheese spread	4
SNAPPER CAKES. comeback sauce	7
CHEESE BOARD. Bailey Hazen Blue, Thomasville Tome, Pistol Point Cheddar, tomato jam, crostini	12
MARROW BONE. parsley and onion salad, crostini	11
OYSTERS ROCKEFELLER. half dozen Cedar Key oysters, spinach, cream, parmesan, pernod	12
SQUASH TOAST. roasted butternut squash, caramelized onion, ricotta cheese, Olde Hearth country bread	7.5

SALADS

ROASTED BEET & CITRUS. mixed local greens, pistachio nuts, orange crème fraîche dressing	9
APPLE & KALE. baby kale, spiced pecans, English cheddar, dried cherry, apple cider vinaigrette	9.5
CAESAR. romaine, kale, radicchio, parmesan, croutons, fried capers, house made caesar dressing	8.5
HOUSE. local lettuces, balsamic vinaigrette	5

DINNERS

FRIED PORK CHOP. Palmetto Creek Farm Heritage pork, parmesean mashed potatoes, apple gravy, brussel sprouts	27
RED SNAPPER. blackened with lime compound butter, Anson Mills cheese grits, vegetable of the day	25
HERB CRUSTED LAMB. rack of lamb, grilled polenta, arugula, garlic-soy jus	24
ALABAMA HEN. dry rubbed Lake Meadow Farm hen, Alabama white sauce, sweet potato mash, bok choy	19
CHERMOULA SALMON & TURNIP BRAISE. couscous, watercress salad, charred tomato oil	24
FRIES	3.5
COLESLAW	3.5
VEGETABLE OF THE DAY	3.5
GRITS	3.5

SIDES

STANDBYS

FISH & CHIPS. with coleslaw	13
STRAND BURGER. bacon, blue cheese dressing, lettuce, tomato, onion, pickle, roasted jalapeño on brioche bun with fries	13
BUTTERMILK CHICKEN. bacon, lettuce, tomato, honey mustard on brioche bun with coleslaw	12
PORKZILLA. pulled pork and coleslaw on brioche bun with fries	10.5
STEAK FRITES. chimi sauce, vegetable of the day	17

DESSERT

CHOCOLATE FLOURLESS CAKE. chocolate ganache, kumquat caramel, candied orange zest	6.5
STRAWBERRY PAVLOVA. Plant City strawberries, cream custard, basil	6.5
OLIVE OIL CAKE. fresh citrus, mascarpone whipped cream	6
BUTTERSCOTCH PUDDING. Coffee gelee, crème fraiche, coffee brittle crumble	6.5

Date printed

Parties of 6 or more will incur a 20% gratuity charge.
 We respectfully decline substitutions.

Chef Owners - Joseph & Alda Rees