

Strand

FOOD & DRINK

807 N. Mills Ave., Orlando, Florida
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 strandorlando.com

THE STRAND
 IS PROUD
 TO PARTNER
 WITH THE
 FOLLOWING

- LAKE MEADOW
NATURALS
- LOCAL ROOTS
- WILD OCEAN SEAFOOD
- BAREFOOT FARMER
- TOMAZIN FARMS
- THE FAMILY GARDEN
- GREENH2OUSE
- OLDE HEARTH
BREAD CO.
- FROG SONG ORGANICS
- COFFEE ROASTERS
ALLIANCE
- PALMETTO CREEK
PORK

SALADS

- CAESAR.** romaine, kale, radicchio, parmesan, croutons, fried capers, house made caesar dressing (add grilled chicken or shrimp 4.00) 8.5
- BUTTERMILK CHICKEN SALAD.** mixed greens, fried chicken breast, tomato, bacon, asparagus, herb buttermilk dressing 12.5
- SALMON CROQUETTE.** mixed greens, pickled beets, cucumber salad, asparagus, lemon-dill creme fraiche, egg, citrus vinaigrette 12
- COBB SALAD.** mixed greens, grilled chicken, bacon, egg, asparagus, corn salad, tomato, blue cheese, vinaigrette 12
- HOUSE.** with balsamic vinaigrette 5

HOT LUNCHES

- STEAK FRITES.** with vegetable of the day 17
- FISH & CHIPS.** with coleslaw 13
- GRILLED CHICKEN.** served with daily grain & vegetable of the day 13
- GRILLED SALMON.** served with daily grain & vegetable of the day 14.5
- FISH CAKES.** coleslaw, sliced tomatoes, comeback sauce 12

SANDWICHES

- STRAND BURGER.** bacon, blue cheese dressing, lettuce, tomato, onion, pickle, & roasted jalapeño on brioche bun served with fries 13
- EGG PLANT CAPONAT FLATBREAD.** ricotta & asiago, served with petite salad 10
- AVOCADO & BRIE.** avocado, brie, petite greens, tomato, cilantro vinaigrette on multigrain toast served with coleslaw 9.5
- BUTTERMILK CHICKEN.** bacon, lettuce, tomato, pickle, honey mustard on brioche bun served with coleslaw 12
- FRIED FISH SANDWICH.** fried fish of the day, lettuce, tomato, pickle and tartar sauce, on a bun served with fries 10.5
- PORKZILLA.** pulled pork topped with coleslaw on brioche bun served with fries 10.5
- BOCADILLO.** prosciutto, manchego, tomato rub, saffron aioli on a toasted baguette with a side of our daily grain 10

SIDES

- FRIES** 3.5
- COLESLAW** 3.5
- DAILY GRAIN** 3.5
- SOUP OF THE DAY** 4.5

DRINKS

- ICED TEA** sweetened with honey & agave 2.5
- COKE, DIET COKE, SPRITE** 2.5
- COFFEE** organic, single french press 2.5
- SAN PELLIGRINO** (assorted flavors) 2
- SAN PELLIGRINO** 750 ml 6
- PERRIER** 2
- ACQUA PANNA** 3.5
- KOMBUCHA** Farm Boy Produce 4

DESSERT

- CHOCOLATE FLOURLESS CAKE.** chocolate ganache, kumquat caramel, candied orange zest 6.5
- STRAWBERRY PAVLOVA.** Plant City strawberries, cream custard, basil 6.5
- OLIVE OIL CAKE.** fresh citrus, mascarpone whipped cream 6
- BUTTERSCOTCH PUDDING.** Coffee gelee, cremé fraiche, coffee brittle crumble 6.5

Date printed

Parties of 6 or more will incur a 20% gratuity charge.
We respectfully decline substitutions.

Chef Owners - Joseph & Alda Rees