

Strand

greens

caesar / romaine, kale, parmesan, croutons, fried capers, pickled egg, house made caesar dressing 10
(add chicken 4.00/salmon 6.00)**dressing contains raw egg*

buttermilk chicken salad / mixed greens, fried chicken breast, tomato, bacon, asparagus, herb buttermilk dressing 12.5

salmon croquette / mixed greens, pickled beets, cucumber salad, asparagus, lemon-dill creme fraiche, egg, citrus vinaigrette 13

cobb / mixed greens, grilled chicken, bacon, egg, asparagus, corn salad, tomato, blue cheese, vinaigrette 13

house / mixed lettuces, balsamic vinaigrette 5

sandwiches

avocado & brie / avocado, brie, petite greens, tomato, cilantro vinaigrette on multi-grain toast, coleslaw 9.5

bocadillo / prosciutto, manchego, tomato rub, saffron aioli on a toasted baguette, grain 10

buttermilk chicken / bacon, lettuce, tomato, pickles, honey mustard on brioche bun, coleslaw 13

fried fish / fried fish of the day, lettuce, tomato, pickles on a bun, fries 11

porkzilla / pulled pork topped with coleslaw on brioche bun, fries 12

strand burger / bacon, lettuce, tomato, onion, pickles, roasted jalapeño, blue cheese dressing on brioche bun, fries 14

hot lunches

steak frites / seasonal vegetable 17

fish & chips / coleslaw 15

grilled chicken / grain, seasonal vegetable, arugula 13

grilled salmon / grain, seasonal vegetable, arugula 14.5

fish cakes / coleslaw, sliced tomatoes, comeback sauce 12

sides

fries / 4

coleslaw or grain / 3.5

drinks

iced tea / sweetened with honey & agave or unsweetened 2.5

soda / coke, diet coke, sprite 2.5

sparkling / san pelligrino blood orange 2.5

san pelligrino 750 ml 6

perrier 2.5

acqua panna / 3.5

kombucha / Farm Boy Produce 5.5

coffee / Coffee Roasters Alliance

single French press 2.5

large French press 7.5

We respectfully decline substitutions

Consumption of raw or undercooked foods such as seafood & shellfish may increase your risk of food borne illness